

2-Hour Lecture/Workshop



NARCISSISM

with Dr Maria Luca

Wednesday 15 April | 18.00 – 20.00
64 Ay. Omologites Avenue, 1080
Nicosia, Cyprus



Aim

To develop a comprehensive understanding of narcissism, its origins, and its psychopathological dimensions.

Objectives

- > To provide an overview of narcissism, its manifestations, and key conceptual distinctions
- > To examine the developmental and psychological roots of narcissism
- > To discuss clinical issues associated with narcissistic personality functioning
- > To distinguish between healthy narcissism in childhood and pathological narcissism in adulthood, particularly in relation to Narcissistic Personality Disorder

Speaker

Dr Maria Luca has served as Head of the School of Psychotherapy & Psychology and as Senior Research Fellow at Regent's University London. She is the founder of the Regent's Centre for Relational Studies and Psychological Well-Being, former Head of the PhD Programme in Psychotherapy & Psychology, and former Editor-in-Chief of the *Journal of Psychological Therapies*.

She has extensive clinical experience within the UK National Health Service and is a UKCP- and MBACP-accredited senior psychotherapist and clinical supervisor. Dr Luca is a relational psychotherapist and the founder of **Dr Maria Luca & Associates** and **Olympus Psychotherapy**.

Her professional career spans over 30 years. She has edited two influential volumes—*The Integrative Frame and Sexual Attraction in Therapy*—and has

co-authored a third book, *Integration in Psychotherapy: New Directions*. She has published extensively in peer-reviewed journals and serves as an Editorial Board Member, Consulting Editor, reviewer, and book endorser for international academic publications.

Dr Luca has taught at several British universities, presented internationally, supervised numerous PhD candidates to completion, and served as an examiner. She currently works as a Consultant and Team Coach at Olympus Psychotherapy in London.

<https://www.olympuspsychotherapy.co.uk/>

She is currently also writing a semi-biographical novel.

Media

Luca, M. (2023). *Integrative Psychotherapy with Dr Maria Luca*. Available on Spotify and Apple Podcasts.

Finding Psychotherapy, 24 May 2023

[Link: https://open.spotify.com/episode/1gZecol0gB55vtgIEI2GCI](https://open.spotify.com/episode/1gZecol0gB55vtgIEI2GCI)

Organised by:

(K. Hadjistylli & A. Gregoriadou)



Registration

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BOOK EARLY

FEE: €30 per participant (non-refundable)



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